



Virtual reality

Delivering convenience anytime, anywhere

Access to health information has expanded rapidly with the availability of online tools, support and resources. They've become an essential part of any health care plan.

With Middle Market Aetna Funding AdvantageSM, your employees can access many digital tools that help them manage their care and support their well-being. Plus, you and your employees can take advantage of an online platform to help manage enrollment and benefits administration.

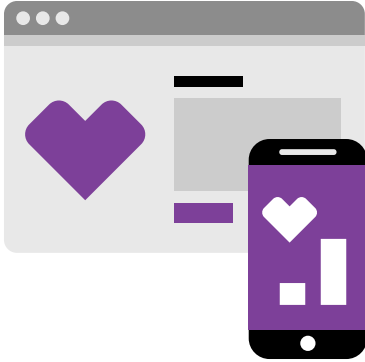
[Aetna.com](https://www.aetna.com)

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Health and wellness tools for whole-person care

You know there's more to health than a yearly checkup with a health care professional. That's why we provide access to a wide range of tools such as the following, which support your employees' well-being and help them meet health goals:



- The Aetna HealthSM app and website to manage health care benefits and connect with care
- Convenient telemedicine for physical and mental wellness available via network providers and through Teladoc[®] telemedicine services
- Employee assistance programs through Aetna Resources for LivingSM behavioral health services, available anytime
- The Attain by AetnaSM app, which combines employees' health history with Apple Watch[®] activity to offer personalized goals, achievable actions and rewards*

Online tools to manage your plans

Support for you

With Aetna Benefits Administration, powered by bswift[®], you can manage health plan administration with ease online.

The platform will help manage medical, vision, dental, voluntary, life and disability employee benefits in one location.

Contact your broker for more information.

*Message and data rates may apply. Terms and Conditions: bit.ly/2nJFYG. Privacy Policy: Aetna.com/legal-notices/privacy.html. The Attain by AetnaSM app is available on the App Store[®]. Goals and suggested health actions should not replace your doctor's advice. If you have a medical condition that prevents you from meeting your goals, or if your doctor advises you not to take part in physical activity, there may be an opportunity for you to earn the same reward by different means.

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